

PLEASE USE THIS SHEET IF YOU WOULD LIKE TO **ADD A NEW OR ADDITIONAL MINISTRY**.
BELOW ARE THE ONES MOST IN NEED OF HELP.

If you have a specific set of talents you would be willing to use occasionally for the parish, there is a line for that as well at the end of the form.

PARISH LEADERSHIP AND OFFICE SUPPORT MINISTRIES

- _____ **Family Pastoral Council** - 2 active parish members who meet a few times a year with representatives of all four parishes in the West Maple Family of Parishes (Regis, Holy Name, St. Owen, Queen of Martyrs) to help create the vision of the parish and the work of parish commissions and committees.
- _____ **Parish Finance Council** - Meet monthly to review parish finances, major projects, and policies. Variety of backgrounds possible: finance, human resources, legal, management, construction and trades.
- _____ **Parish Vocation Committee** - Work with Worship and Formation Commissions, the School and Faith Formation to promote vocations.
- _____ **Collection Counters** - Work with a team of volunteers and business office to count the Sunday collection.
- _____ **Office Help** - Willing to be contacted for mailings and other office help on occasional basis.
- _____ **I am interested in helping in this area of Parish Leadership and Office Support. Please contact me.**

WORSHIP AND PRAYER MINISTRIES

- _____ **Parish Prayers** - All parish members are invited to sign up to be prayers for the needs of the St. Regis faith community. Prayer intentions sent out weekly via email. Prayer done in one's own home.
- _____ **Funeral Ministry** - Help as sacristans and/or greeters on the day of the funeral.
- _____ **Communion Minister to Nursing Homes or to the Sick** - Bring Communion to one of the area nursing homes and pray with the people; and/or is connected to a specific convalescing person.
- _____ **Ministers of Hospitality** - Assist in greeting, seating, taking up the collection during the weekend Masses. Arrive 15 minutes before the start of Mass and stay for about 5 minutes after the conclusion of Mass.
- _____ **Lectors** - Two lectors are scheduled for each Weekend Mass. Training provided. Scheduled once/month.
- _____ **Extraordinary Ministers of Holy Communion** - EMHCs assist in distributing Communion during Weekend Mass.
- _____ **Altar Servers** - Open to 4th grade thru adult. Parents welcome to serve with their children. Training provided.
- _____ **Sacristans** - Mass set-up and clean-up; prepare the vessels for Mass and set up the sanctuary. After Mass clean the vessels and make sure all is in place in the sanctuary.
- _____ **Music: Singers / Instrumentalists / Cantors** - Prepare and sing with the chorus at 10 a.m. Mass. Or, help as singer/cantor/instrumentalist at other Mass times of choice.
- _____ **Committed Adorers for Eucharistic Adoration** - Eucharistic Adoration in the chapel is available 12:30 - 6:30 p.m. Monday - Friday, and open to 8:30 p.m. on Tuesdays. Two or three adorers are needed per hour.
- _____ **Christian Meditation** - Pray with and learn the Christian practice of meditation with a small group. Meet Wednesday mornings 10-11 a.m.

_____ **I am interested in helping in the area of Worship and Prayer Ministries. Please contact me.**

FAITH FORMATION MINISTRIES

- ___ **Faith Formation Catechist** - Open to adults and high school teens. Catechists lead a classroom of elementary school-age students, weekly on Mondays from 6:30-7:30 p.m.
- ___ **Children's Liturgy of the Word Leader** – Open to adults and high-school teens. Lead children 1st-5th grade in sharing about the Sunday Gospel story during 10:00 a.m. Mass on Sunday. All materials / training provided.
- ___ **Faith Formation Office/Event Help** – Willing to help Faith Formation Director occasionally in preparing handouts or being available to help at a faith formation event.

_____ **I am interested in the area of Faith Formation. Please contact me.**

WELCOME, EVANGELIZATION AND COMMUNITY ENGAGEMENT MINISTRIES

- ___ **Welcome Ministry**— Deliver welcoming packet to new parish members and/or host a gathering for new parish members in your neighborhood.
- ___ **Phone Calling** — Group of parishioners willing to call other parishioners as needed, for major events such as a parish Mission or to update parish database.
- ___ **Card Ministry**— Write cards on behalf of parish to people experiencing major events in their lives. Cards and stamps are provided by the parish.

_____ **I am interested in helping in this area of Evangelization and Engagement. Please contact me.**

CHRISTIAN SERVICE (EVANGELICAL CHARITY) MINISTRIES

Seniors "Young at Heart" Luncheons/Speakers– With staff support, help plan and organize helpers/meals.

_____ **Monthly Luncheons**(4 per year) _____ **Annual Christmas Luncheon** (in December)

South Oakland Shelter (S.O.S.) Week - one week during the month of June, provide food, shelter and support to people who find themselves homeless.

___ **Co-Chairs** - Work with another co-chair to provide overall coordination for the week and support to the subcommittee chairs (listed below).

___ **Breakfast Chair**

___ **Set Up Chair**

___ **Clean Up Chair**

___ **Transportation Chair**

___ **Laundry Chair**

___ **Entertainment Chair**

___ **Christian Service (Evangelical Charity) Commission** - Meet monthly with 8-10 others to plan and evaluate Christian Service projects.

___ **Stephen Ministry** - Stephen Ministers provide compassionate, confidential and Christ-centered one-on-one emotional and spiritual support to any parishioner challenged by difficulties in life—family/personal crisis, grief, loneliness. Stephen Ministers receive more than 50 hours of training with cost covered by parish.

___ **Volunteers to Prepare/Deliver Meals** - Occasionally provide and/or deliver a meal for parish members in need.

_____ **I am interested in helping in this area of Christian Service. Please contact me.**

NAME: _____ **PHONE:** _____

ADDRESS: _____

EMAIL: _____

_____ **I WOULD LIKE TO VOLUNTEER IN A WAY THAT IS NOT LISTED HERE.**

Please explain. _____